

Limited Esthetician Scope of Practice Guidance

I. Purpose & Overview of Licensure

This document provides guidance on the scope of practice for Limited Estheticians licensed under the Maryland Board of Cosmetologists. It helps clarify which services are permissible and which are outside the scope of practice for this license type. This guidance is intended for reference purposes to support consistent practice and compliance and is based on the Maryland Code Business Occupations and Professions Article [§ 5-101](#) and [COMAR](#) regulations.

II. “Do’s & Don’ts” - Permitted & Prohibited Services

Permitted services listed in this document are also permitted for Senior Cosmetologists and Cosmetologists.

Permitted Services (within scope)	Prohibited Services (outside of scope)
Waxing, including full body	Brow Laminations*
Lash/Eyebrow Tinting	Lash/Eyebrow Lifting*
Dermaplaning	Cosmetic Tattooing, including but not limited to Microblading/Microshading
Microneedling (1.0 mm or less)	Botox/ Fillers/ Injectables
Nano-needling	Laser Hair Removal and IPL
Exfoliation	Radio Frequency (Face & Body)
Superficial Chemical Peels, limited to epidermis only	Skin tightening devices using heat below the epidermis
Hydrafacials	Plasma fibroblast/ plasma pen
Manual Exfoliation (Including scrubs, enzymes, and non-chemical methods) Ultrasonic skin scrubber/spatula	HIFU (High Intensity Focused Ultrasound)



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Galvanic & High Frequency	Cryotherapy (for lesion removal or any skin treatment)
LED (light emitting diode) therapy	Medical grade peels that penetrate beyond the epidermis
Vacuum suction	IV therapy or injectable vitamins
Gua Sha	Fat dissolving treatments
Facial cupping	Cool sculpting
Oxygen Infusion treatments	Removal of skin tags, warts, moles or lesions
Facial massage: Face, neck, decollete, shoulders, hands and arms, lymphatic face massage.	Full body massage
Body treatments: Back facials Body scrub/polish Body wrap	PRP (platelet rich plasma) or PRF treatments (platelet rich fibrin)
Eyelash Extensions	Cavitation devices
	Tattoo removal

*Permissible for Senior Cosmetologists and Cosmetologists

III. Additional Guidance

If a service you are seeking guidance on is not listed in this document, please refer to [Maryland Board of Cosmetologists COMAR regulations](#) for clarification.

Important: Any service that penetrates beyond the epidermis is not permissible for Limited Estheticians or Cosmetologists. There are no exceptions unless the individual also holds the appropriate health occupation license that authorizes the procedure.

This ensures that all practitioners remain within their legally defined scope of practice and maintain client safety in accordance with Maryland law.